

| Windy Ridge Natural Farms | Suggested Reading List & Lending Library | |
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| Films: | <ul style="list-style-type: none"> -Food, Inc. -King Corn -The World according to Monsanto -Fresh -Everything you need to know about dangerous GMOs -InGREEDients | <ul style="list-style-type: none"> -Food Matters -Ingredients, the Movie! -Future of Food -Sustainable Table -We Feed the World -Bad Seed -How to Save the World -GMO Trilogy -Walmart: High cost of low price |
| Books: | Chemical Sensitivity By: Sherry Rogers | Leaky Gut Syndrome By: Elizabeth Lipski |
| The Unhealthy Truth: How Our Food Is Making Us Sick - And What We Can Do About It By: Robyn O'Brien, Rachel Kranz | In Defense of Food: An Eater's Manifesto By: Michael Pollan | Appetite for Profit: How the food industry undermines our health and how to fight back By: Michele Simon |
| The Omnivore's Dilemma: A Natural History of Four Meals By: Michael Pollan | Excitotoxins: The Taste That Kills By: Russell L. Blaylock | Animal, Vegetable, Miracle: A Year of Food Life By: Barbara Kingsolver |
| Food Politics: How the Food Industry Influences Nutrition, and Health, Revised and Expanded By: Marion Nestle | The Hundred-Year Lie: How to Protect Yourself from the Chemicals That Are Destroying Your Health By: Randall Fitzgerald | Seeds of Destruction: The Hidden Agenda of Genetic Manipulation By: William F. Engdahl |
| Fat Land: How Americans Became the Fattest People in the World By: Greg Critser | The GMO Trilogy And Seeds of Deception Set By: Jeffrey M. Smith | Is This Your Child By: Doris Rapp |
| The Crazy Makers: How the Food Industry Is Destroying Our Brains and Harming Our Children By: Carol Simontacchi | Genetically Engineered Food: A Self-Defense Guide for Consumers by Ronnie Cummins, Ben Lilliston, and Frances Moore Lappé | Toxic Overload: A Doctor's Plan for Combating the Illnesses Caused by Chemicals in Our Foods, Our Homes, and Our Medicine Cabinets By: Paula Baillie-Hamilton |
| A Consumer's Dictionary of Food Additives: Fifth Edition Over 140,000 Copies Sold by Ruth Winter | A Consumer's Dictionary of Cosmetic Ingredients: by Ruth Winter | Safe Handling – Consumers Guide Preserving the Quality of Fresh Unprocessed Whole Milk |
| Selling Sickness: How the World's Biggest Pharmaceutical Companies Are Turning Us All Into Patients by Ray Moynihan and Alan | Our Toxic World: A Wake Up Call by Doris J. Rapp | Genetically Engineered Food: Changing the Nature of Nature by Martin Teitel Ph.D. and Ralph Nader |
| Genetic Roulette: The Documented Health Risks of Genetically Engineered Foods by Jeffrey M. Smith | Fast Food Nation By: Eric Schlosser | |